

The Kua`ana Project is a social service program of Life Foundation that provides support for the transgender communities on Oahu. Through the Kuaʻana Project, peers of the transgender community are able to kokua (assist) other trans people to achieve success using their own personal experiences as a guide.





Overall Services

Services we provide

- Gender Affirming Service
- Health Care Linkage Services
- Support Services
- Education & Advocacy
- Hygiene Supplies & Food bank



Direct services by

- Peer counseling
- Smoking cessation
- Name Change
- Homeless Re-engagement
- Bus passes
- Disability bus vouchers
- Food bank
- Hygiene closet
- Emergency assistance



Local lansIssues

- Lack of Knowledge
 - Services
 - Risk
- Gender Affirming Care
- · Mental health & Trauma
- Intimate Partner Violence
- Lack of Family Support System
- Care homes for elder trans folx



Barriers to Receiving Services

- Being judged
- Not being understood
- I deserve it...
- Not being addressed as they present
- Myths
- Limited access, uninsured, money
- Guilt by association
- Lack of training on Transgender and non-Binary communities



Tips on Providing Services

- Provide a safe place.
- Address people by their choosen name and gender.
 Use the correct pronouns.
- "People First" language
- Standardize questions ask everyone every question.
- Go with client to appointments
- Employ "local" LGBTQ staff member.







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